

**ICYP 2021 10U Division**  
**ONE-HAND TOUCH PEE-WEE FOOTBALL RULES**

**OFFENSE**

1) There will be 5 receivers and 1 Quarterback.

**DOWNS**

1) 4 Downs- on 4<sup>th</sup> down, coach can punt ball and ball will be placed on opposing team's 5-yard line

2) The 50-yard line will be a first down- \*Only once per set\*

Example- If the offense crosses the 50 for a first down and then on the next down or any other down thereafter the offense is either sacked or penalized and is on the other side of the 50, a first down is hereby nullified and will not be enforced.

**SCORING**

3) Touchdowns- are worth 6 points

4) Extra Points- will be placed on the 5-yard line for 1-point conversions and on the 10-yard line for 2-point conversions

5) If the defense intercepts the ball on an extra point try and is returned across the goal line, it will not be counted as a touchdown. However, it will be scored as a safety and the defense will be awarded 2 points.

**THE HUDDLE**

6) 45 seconds will be allowed to make a play

7) Only 1 coach at a time will be allowed in the huddle

8) The quarterback is responsible for the ball. The hike will not start until the ball is held over the cone (line of scrimmage). Only then will the referee say hike to start the count.

**DEFENSE**

9) 5 defenders and 1 giver

10) The giver must be at the line of scrimmage when the ball is hiked. However, after the ball is hiked, the giver can drop back as much as he/she wants.

**THE HIKE**

11) Once the ball is held over the cone, the referee will say "give" and will count to five. Once the count reaches five, the giver may go after the quarterback.

12) If the quarterback flips the ball backwards or an offensive player touches the ball during the play, the count will stop. The giver or any other defender can go after the quarterback or ball carrier once the count has reached 5 or has stopped for a lateral/throw.

**SPECIAL TEAMS**

13) There will be no kick-offs or punts. However, the ball will be placed at the 5-yard line, whether it be the start of the game, halftime or after an official score.

**COIN-TOSS**

The visiting team will have choice of heads or tails.

**BLOCKING**

**No blocking is permitted. Screening is permitted. No moving screens (no body contact – judgment call). If a player extends arms or body out 6 inches or more intentionally or not, this will be interpreted as a block.**

## **GAME TIME**

All games will be played under two 25-minute halves.

## **Overtime Period/Tie Games/Sudden Death**

Regular season games will end in a tie. There will be no overtime or sudden death periods in the regular season.

Playoff games will feature overtime. Both teams will have an opportunity to possess the ball and score. If a team has the lead after both teams have had an opportunity to score in overtime, the leading team is declared the winner. If the game remains tied after both teams have received a possession, the next score wins.